



# Dynamic Detox

MARCH  
2010

If you feel fatigued and lack the energy you know you should have... If you've struggled with any sort of chronic health or weight issue... If you'd like to improve your mood, heal your digestive tract and TRULY revitalize your health immediately and for the long term... Then DO NOT MISS this highly acclaimed, life changing workshop!



Discover the secrets to looking and feeling your best with Judy's little-know detoxification secrets today.



**Dates:** Wednesday, March 31, 2010

**Time:** 6:30 - 8:30 pm

**Cost:** \$45 per person

## Location:

Terra Breads Falsecreek  
Test kitchen (2nd Floor)  
53 West 5th Ave (5th & Ontario)  
\*Enter through administration door next to cafe

## To Register:

Call: (604) 250-9999  
Email: [info@dynamicbynature.com](mailto:info@dynamicbynature.com)  
On-line credit card: [www.dynamicbynature.com](http://www.dynamicbynature.com)  
Pay in-person: cheque or cash.

## About Judy:

Judy Chambers RNCP, CPT is a graduate of the Canadian School of Natural Nutrition and an internationally certified athletic trainer. Judy's powerful system blends the principles of Eastern medicine with the research of modern science, adapted and tailored to function in the Real World. A unique approach that will help you achieve peak metabolism and vibrant health for life. Judy is also a playful gourmet chef who infuses wholesome foods with taste and style!

**SPACE IS LIMITED SO REGISTER NOW!**